|  |  |
| --- | --- |
| October | 2014 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | B-Granola/YogurtL-Crackers/CheeseD-Veggie Burritos w/ rice | B-Frozen MuffinsL-PB and JD-Ham Scalloped Potatoes | B-SmoothiesL-Lunchmeat/Nuts/Fruit/CheeseD-Pizza | B-Pancakes/EggsL-LO PizzaD-LO Scalloped Potatoes |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| B-Misc.L-QuesadillasD-BBQ Chicken Quessadillas | B-Toast/FruitL-Mac N Cheese/FruitD-Egg Fried Rice | B-Frozen PancakesL-Chicken NuggetsD-Lemon Pasta | B-Granola/YogurtL-Crackers/CheeseD-Breakfast Burritos | B-Frozen MuffinsL-PB and JD-LO Lemon Pasta | B-SmoothiesL-Lunchmeat/NutsCheeseD-Pizza | B-Pancake/EggsL-LO PizzaD-Beef Tacos |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| B-Misc.L-QuesadillasD-Egg Fried Rice | B-Toast/FruitL-Mac N CheeseD-Beef Strogonauf | B-Frozen PancakesL-Chicken NuggetsD-Breakfast for Dinner | B-Granola/YogurtL-Crackers/CheeseD-LO Beef Strogonauf | B-Frozen MuffinsL-PB and JD-Chicken Tortilla Soup | B-SmoothiesL-Lunchmeat/Nuts/CheeseD- Pizza | B-Pancake/EggsL-LO PizzaD-Meatloaf |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| B-Misc.L-QuesadillasD-Veggie Burritos | B-Toast/FruitL-Mac N CheeseD-LO Meatloaf | B-Frozen PancakesL-Chicken NuggetsD-Spaghetti | B-Granola/YogurtL-Crackers/CheeseD-Breakfast Burritos | B-Frozen MuffinsL-PB and JD-LO Spaghetti | B-SmoothiesL-Lunchmeat/Nuts/Cheese D-Pizza | B-Pancakes/EggsL-LO PizzaD-Chicken and Veggies |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| B-MIsc.L-QuesadillasD-Tomato/Basil Pasta | B-Toast/FruitL-Mac N CheeseD-4Chicken Tortilla Soup | B-Frozen PancakesL-Chicken NuggetsD-LO Tomato/Basil Pasta | B – Gronola/YogurtL – Crackers/CheeseD – Lo Chicken Tortilla Soup | B – Frozen MuffinsL – PB and JD – Breakfast for Dinner | B – SmoothiesL – Lunchmeat/nuts/Fruit/CheeseD – Pizza |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Events | Dolor sit ametSed egestas molestie elit. Mauris urna mi, scelerisque vitae, ultrices vel, euismod vel, eros.  | Dolor sit ametSed egestas molestie elit. Mauris urna mi, scelerisque vitae, ultrices vel, euismod vel, eros.  | Dolor sit ametSed egestas molestie elit. Mauris urna mi, scelerisque vitae, ultrices vel, euismod vel, eros.  |