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| October | 2014 |

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | B-Granola/Yogurt  L-Crackers/Cheese  D-Veggie Burritos w/ rice | B-Frozen Muffins  L-PB and J  D-Ham Scalloped Potatoes | B-Smoothies  L-Lunchmeat/Nuts/  Fruit/Cheese  D-Pizza | B-Pancakes/Eggs  L-LO Pizza  D-LO Scalloped Potatoes |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| B-Misc.  L-Quesadillas  D-BBQ Chicken Quessadillas | B-Toast/Fruit  L-Mac N Cheese/Fruit  D-Egg Fried Rice | B-Frozen Pancakes  L-Chicken Nuggets  D-Lemon Pasta | B-Granola/Yogurt  L-Crackers/Cheese  D-Breakfast Burritos | B-Frozen Muffins  L-PB and J  D-LO Lemon Pasta | B-Smoothies  L-Lunchmeat/Nuts  Cheese  D-Pizza | B-Pancake/Eggs  L-LO Pizza  D-Beef Tacos |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| B-Misc.  L-Quesadillas  D-Egg Fried Rice | B-Toast/Fruit  L-Mac N Cheese  D-Beef Strogonauf | B-Frozen Pancakes  L-Chicken Nuggets  D-Breakfast for Dinner | B-Granola/Yogurt  L-Crackers/Cheese  D-LO Beef Strogonauf | B-Frozen Muffins  L-PB and J  D-Chicken Tortilla Soup | B-Smoothies  L-Lunchmeat/Nuts/  Cheese  D- Pizza | B-Pancake/Eggs  L-LO Pizza  D-Meatloaf |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| B-Misc.  L-Quesadillas  D-Veggie Burritos | B-Toast/Fruit  L-Mac N Cheese  D-LO Meatloaf | B-Frozen Pancakes  L-Chicken Nuggets  D-Spaghetti | B-Granola/Yogurt  L-Crackers/Cheese  D-Breakfast Burritos | B-Frozen Muffins  L-PB and J  D-LO Spaghetti | B-Smoothies  L-Lunchmeat/Nuts/  Cheese  D-Pizza | B-Pancakes/Eggs  L-LO Pizza  D-Chicken and Veggies |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| B-MIsc.  L-Quesadillas  D-Tomato/Basil Pasta | B-Toast/Fruit  L-Mac N Cheese  D-4Chicken Tortilla Soup | B-Frozen Pancakes  L-Chicken Nuggets  D-LO Tomato/Basil Pasta | B – Gronola/Yogurt  L – Crackers/Cheese  D – Lo Chicken Tortilla Soup | B – Frozen Muffins  L – PB and J  D – Breakfast for Dinner | B – Smoothies  L – Lunchmeat/  nuts/Fruit/Cheese  D – Pizza |  |
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| Events | Dolor sit amet Sed egestas molestie elit. Mauris urna mi, scelerisque vitae, ultrices vel, euismod vel, eros. | Dolor sit amet Sed egestas molestie elit. Mauris urna mi, scelerisque vitae, ultrices vel, euismod vel, eros. | Dolor sit amet Sed egestas molestie elit. Mauris urna mi, scelerisque vitae, ultrices vel, euismod vel, eros. |